



ADULT MIXED VOLLEYBALL

League Information

Adult Co-rec Volleyball is a recreational league. Team registration fee is \$385. League is played on Wednesday nights. League begins Oct. 21 and playoffs end Feb. 17. A single elimination playoff will be played. Schedules and weekly standings will be posted on the City of Edina Parks & Recreation website. League champion team will receive a championship shirt for each person listed on the official roster. Registration deadline is Oct. 9th. If possible, the league will be separated into two divisions, recreational and competitive.

Location

Valley View Middle School, 6750 Valley View Road, Edina; enter door #1
South View Middle School, 4725 South View Lane, Edina; enter door #1
Edina High School Field House, 6754 Valley View Road, Edina; enter door #6

Equipment

Each team is expected to supply a volleyball.

Roster and Players

- All players must be 18 years of age.
- Rosters are due before the first game.
- Players can be added to the roster by contacting Tiffany Bushland at tbushland@EdinaMN.gov. Roster additions must be completed by Nov. 15, 2020.
- Teams must have four players to start a game. If a team does not have enough players, a five-minute grace period is given before the first game is forfeited. If a team does not have enough players after 15 minutes the entire match is a forfeit.
- Edina resident teams made up of 90% Edina residents receive a \$25 discount.

COVID-19 Rules

- All current local and state guidelines for facilities and athletics must be followed. As local and state guidelines are updated, they take precedent over the following rules.
- If players or anyone in their household is feeling ill, has a fever or other COVID symptoms do not attend the game.
- All players and officials are encouraged to continue 6 feet social distancing when possible.
- All players, officials and spectators are encouraged to wear a mask or facial covering.
- Avoid shared equipment. No handshakes, team huddles or high fives.
- Spectators should be kept to a minimum.

Miscellaneous

- Games will be played according to USA Volleyball rules except for any adjustments listed below.
- A match will consist of three games to 25 points. Games are rally scoring, win by two, with a 27-point cap. Games are limited to 55 minutes. At the official's discretion, the third game may be played to 15 points with a 17-point cap as a result of time.
- A player may set the serve.

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- An individual may not block or spike a serve.
- A player may play the ball below their knee.
- Underhand carries and overhand throws are rule infractions.
- Teams must rotate before the first serve.
- A player may touch or step on the center line when the ball is in play. If a player steps over the line it is a rule infraction.
- Contact with the net by a player between the antennae, during the action of playing the ball, is a rule infraction.

Co-Rec Rules

- Teams can have one more man than woman. (Example: three men and two women is legal; three men and one woman is not legal.)
- At least one male must be present to play. (Example: one man and four women is legal.)
- If the ball is played more than once on a side, one hit has to be made by a woman.
- One back row player may also block when there is only one male positioned in the front row.

Player Conduct

- No verbal abuse or physical contact can be directed to players or the official. Infraction will result in warning or ejection.
- Profanity is not allowed. Infraction will result in warning or ejection.
- Alcohol or smoking is not allowed in Edina school facilities, parking lots or surrounding streets.

Weather Information

- Weather information is updated on EdinaMN.gov/Parks.

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