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## ADULT CO-REC VOLLEYBALL

### League Information

Adult Co-rec Volleyball is a recreational league. Team registration fee is \$385. League is played on Wednesday nights. League begins Oct. 9 and ends Feb. 5. A single elimination playoff will begin Jan. 29. Schedules and weekly standings will be posted on the City of Edina Parks & Recreation website. League champion team will receive a championship shirt for each person listed on the official roster. Registration deadline is Sept. 27, 2019.

### Location

Valley View Middle School, 6750 Valley View Road, Edina; enter door #1  
South View Middle School, 4725 South View Lane, Edina; enter door #1  
Edina High School Field House, 6754 Valley View Road, Edina; enter door #6

### Equipment

Each team is expected to supply a volleyball.

### Roster and Players

- All players must be 18 years of age.
- Rosters are due before the first game.
- Players can be added to the roster by contacting Tiffany Bushland at [tbushland@EdinaMN.gov](mailto:tbushland@EdinaMN.gov). Roster additions must be completed by Nov. 1, 2019.
- Teams must have four players to start a game. If a team does not have enough players, a five-minute grace period is given before the first game is forfeited. If a team does not have enough players after 15 minutes the entire match is a forfeit.
- Edina resident teams made up of 90% Edina residents receive a \$35 discount.

### Miscellaneous

- Games will be played according to USA Volleyball rules except for any adjustments listed below.
- A match will consist of three games to 25 points. Games are rally scoring, win by two, with a 27-point cap. Games are limited to 55 minutes. At the official's discretion, the third game may be played to 15 points with a 17-point cap as a result of time.
- A player may set the serve.
- An individual may not block or spike a serve.
- A player may play the ball below their knee.
- Underhand carries and overhand throws are rule infractions.
- Teams must rotate before the first serve.
- A player may touch or step on the center line when the ball is in play. If a player steps over the line it is a rule infraction.
- Contact with the net by a player between the antennae, during the action of playing the ball, is a rule infraction.

### Co-Rec Rules

- Teams can have one more man than woman. (Example: three men and two women is legal; three men and one woman is not legal.)

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#### PARKS & RECREATION DEPARTMENT

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- At least one male must be present to play. (Example: one man and four women is legal.)
- If the ball is played more than once on a side, one hit has to be made by a woman.
- One back row player may also block when there is only one male positioned in the front row.

#### **Player Conduct**

- No verbal abuse or physical contact can be directed to players or the official. Infraction will result in warning or ejection.
- Profanity is not allowed. Infraction will result in warning or ejection.
- Alcohol or smoking is not allowed in Edina school facilities, parking lots or surrounding streets.

#### **Weather Line Information**

- Call the weather line at 952-826-0368 for the official weather information. Weather information is also updated on [EdinaMN.gov/Parks](http://EdinaMN.gov/Parks).

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