



**DINING LOCATION: 7151 YORK AVE EDINA \_\_\_\_\_ PHONE:952.893.1448**

**SENIOR DINING MENU – MAY 2015**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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		* Tiramisu is an Italian dessert made with ladyfingers dipped in coffee and layered with whipped mascarpone cheese and cocoa		Healthy Baked Fish w/Tartar Sauce Or Alt: Turkey Slice Potato wedges Buttered Corn 9 Grain Bread/marg. Frosted Yellow Cake RCD: Plain Cake
4	5	6	7- Mothers Day	8
Chicken Noodle Casserole Green Peas Pears Dinner Roll/marg. Pound Cake w/Strawberry topping RCD: No Topping	Maple Pork Chops Or Alt: Glzd Chix Breast Baby Red Potatoes Mixed Veggies Wheat Dinner Roll/marg. Fresh Melon	Country Fried Steak/Gravy Mashed Potatoes Green Beans Pull-A-Part Roll/marg. Chocolate Cupcake	Sliced Roast Turkey Mashed Potatoes w/Gravy Stuffing Buttered Corn Butterscotch tart w/Topping RCD: No Topping	Baked Penne Pasta in Meat Sauce Mixed Green Salad w/Ranch Dressing Fresh Fruit Breadstick/marg. Vanilla Pudding
11	12	13	14	15
Meatballs in Brown Gravy Mashed Potatoes Peach Slices Multigrain Bread/marg. Cherry Streusel Bites	Bacon Cheddar Pasta Salad Or SR: Chix Pasta Salad Pickled Beets Mandarin Oranges Italian Bread/marg. Cherry Crisp RCD: Fresh Orange	Chicken Stir Fry Oriental Vegetables Brown Rice Mandarin Oranges Cookie	Fried Chicken Potato Salad Steamed Broccoli Garlic Cheese Biscuits/marg. Banana Bar	All Beef Hot Dog on Bun Tator Tots Marinated Vegetable Salad Ketchup/Mustard Fresh Fruit
18	19	20	21	22
Lasagna Diced Carrots Tropical Fruit Breadstick/marg. Ginger Cookie	Swiss Steak w/Tomatoes Squash Sliced Cinnamon Apples Multi-grain Bread/marg. Lemon Bar	Lemon Pepper Tilapia Or Alt: Chix Breast Wild Rice Pilaf Normandy Blend Veggies Fresh Fruit Chocolate Chip Bar	Ham & Cheese Mac Or SR: Turkey & Cheese Mac Green Beans Peach Slices Breadstick/marg. Brownie	Chicken Breast w/ Rosa Sauce/Pasta Mixed Salad w/Italian dressing Apricot Halves Focaccia Breadstick/marg. Apple Cinn. Cookie
25	26	27-Birthday	28	29
<i>Dining Sites Closed</i> Bag Lunch Available Chicken Salad on a Kaiser Roll Marinated Vegetable Salad Fresh Fruit Toffee Chip Brownie	Crispy Breaded Cod on bun Or Alt: Chicken Patty Steak Cut Fries Ketchup Broccoli/Cauliflower Vanilla Pudding	Beef Pot Roast Mashed Potatoes/Gravy Carrot Coins Wheat Dinner Roll/marg. Frosted Marble Cake RCD – Unfrosted	Chicken Caesar Salad Croutons/Parmesan Caesar Dressing Fresh Melon Breadstick/marg. Tiramisu *	Spaghetti & Meatballs w/Marinara Sauce Green Beans Mandarin Oranges Breadstick/marg. Cherry Tart w/Topping RCD: No topping

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to [www.voamn.org](http://www.voamn.org)