



DINING LOCATION 7151 YORK AVE – EDINA

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APRIL 2014 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	APRIL 1	APRIL 2	APRIL 3	APRIL 4
	Beef Marinara & Penne Pasta Bake Broccoli Salad w/ Ranch Dressing Breadstick/Marg M & M Cookie	Chicken Parmesan Garlic Mashed Potatoes Carrot Coins French Bread/Marg Frosted Chocolate Chip Cake RCD – Unfrosted Cake	Beef Meatloaf with Ketchup Glaze Mashed Potatoes/Marg Green Beans Wheat Pull-Apart/Marg Diced Pears	Seafood Primavera ALT: Chicken Primavera Normandy Blend Veggies Fresh Melon French Bread/Marg. Cherry Gelatin
APRIL 7	APRIL 8	APRIL 9	APRIL 10	APRIL 11
Cheeseburger on Whole Wheat Bun Oven Fries 2 Ketchup Pkts Creamy Cole Slaw Pound Cake w/ Peach Topping RCD-Pound Cake no Topping	BBQ Pork Riblet Tri-Tators Green Beans Breadstick/Marg Butterscotch Pudding	Spaghetti & Meatballs With Marinara Sauce Normandy Blend Veggies Pineapple Chunks Focaccia Bread/Marg. Toffee Bar	Beef Stew Roasted Potatoes Grapes Baking Powder Biscuit/Marg. Sugar Cookie	Vegetable Cheese Lasagna Green Salad/Dressing Fruit Cocktail Breadstick/Marg. Frosted Spice Cake RCD-Unfrosted Cake
APRIL 14	APRIL 15	APRIL 16	APRIL 17	APRIL 18
Roasted Sliced Pork with Gravy ALT: Herb Roasted Chicken Breast Baby Red Potatoes/Marg. Broccoli Dinner Roll/Marg. Fresh Fruit	Chicken Strips Honey Mustard Pkt. Mac & Cheese Zucchini Tropical Fruit WW Bread/Marg Apple Cookie	Swiss Steak w/ Stewed Tomatoes Mashed Potato/Marg Scandinavian Blend Veggies Wheat Bread/Marg Blonde Brownie	Herb Roasted Chicken w/ Dried Cherry Chutney SR-Grilled Chicken Rosemary Roasted Potatoes Sweet Peas White Dinner Roll/Marg Frosted Lemon Cake RCD-Unfrosted	Lemon Pepper Tilapia ALT: Grilled Chicken Breast Pesto Potatoes Normandy Blend Veggies Dinner Roll/Marg Banana Bar
APRIL 21	Volunteer Rec 22	APRIL 23	APRIL 24	APRIL 25
Beef Stroganoff Casserole ALT: Turkey Casserole Diced Squash Fresh Grapes Pull Apart w/Marg Cherry Streusel Bites	Cordon Bleu Smothered Chix Breast SR: Mornay* Chix Breast Wild Rice Blend Green Beans Dinner Salad w/ French Dressing Chocolate Pudding	Turkey Vegetable Casserole Mixed Fruit French Bread/Marg Toffee Cookie	Salisbury Steak w/ Onion Gravy Mashed Potatoes Steamed Broccoli WW Bread w/ Marg Applesauce Bar	Potato Soup Turkey on WW Bun Mayo Pkt. Lettuce/Tomato Orange Oatmeal Raisin Cookie
APRIL 28	APRIL 29	APRIL 30		
Chicken Stir-fry Oriental Vegetables Soy Sauce Jeweled Brown Rice Peach Slices Sugar Cookie	Chili w/ Kidney Beans Tator Tots Fresh Fruit Corn Bread/Marg. Pumpkin Bar	Beef Pot Roast Mashed Potatoes/Gravy Buttered Corn Dinner Roll/Marg Red Velvet Cake RCD-Unfrosted Cake		

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Volunteers of America MN Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529.