



FEBRUARY 2017

DINING LOCATION 7151 York Ave - Edina PHONE 952.893.1448

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breaded Pork Cutlet with Honey mustard packet Peas & Carrots Steamed Brown Rice Fresh Fruit Oreo Cookies ALT: Chicken Cutlet with Honey mustard packet	Breakfast Scramble With Peppers, Onions and Turkey sausage Breakfast Potatoes Blueberry muffin/margarine Fresh Fruit Juice Cup	Salisbury Steak with mushroom gravy Mashed potatoes Lima Beans French Bread/margarine Toffee Cookie
6	7	8	9	10
Pulled BBQ Beef on white bun Corn Chowder Coleslaw Fresh Fruit Banana Bar	Quarter Roasted Chicken Mashed Potatoes/Gravy Brussel Sprouts Dinner Roll Apple Pie RCD: Apple Slices	Baked Pollock (fish) Tartar sauce Scalloped potatoes Steamed Broccoli Multigrain bread/margarine Frosted yellow Cake ALT: Sliced Roast Turkey RCD: No frosting	Swedish Meatballs over Egg Noodles Mixed Vegetables Diced Peaches Dinner roll/margarine Vanilla Pudding	Cheeseburger on whole wheat bun Tator Tots Vegetable blend Ketchup/mustard packets Cherry tart w/topping RCD: No topping
13	Valentine's Day 14	15	16	17
Chicken Strips with ranch packet Macaroni & Cheese Mixed Vegetables Chilled Pears Apple Cinnamon Cookie	Beef meatloaf with ketchup glaze Baked Potato Sour Cream & margarine Steamed Carrots Dinner roll White cake with frosting/sprinkles RCD: No frosting	Chicken Parmesan Garlic mashed potatoes/margarine Green Beans French bread/margarine Chocolate chip cake	Lemon Pepper Tilapia Tartar Sauce Rice Pilaf Mixed Vegetables Fresh Fruit Tapioca Pudding ALT: Lemon Herb Chicken Breast	Chicken & Wild Rice Casserole Normandy Blend Vegetables Tropical Fruit White Roll/margarine Raspberry Fluff
20	21	22	23	24
PRESIDENTS DAY SITES CLOSED BAG LUNCH Chicken Salad Kaiser Roll Potato Chips Diced Pears Cookie	Beef Chili with beans Diced Butternut Squash Corn Bread/margarine Fruited Gelatin Iced Pumpkin Bar RCD: No Icing	Beef Pot Roast Mashed Potatoes Gravy Carrot Coins Dinner roll/margarine Chocolate Cake with frosting RCD: No frosting	Spaghetti & Beef meatballs Italian Vegetables Garlic breadstick/margarine Mandarin oranges Cheesecake square	Roast Pork Au Jus Mashed Sweet Potatoes/margarine Mixed Vegetables Whole Wheat bread/margarine Lemon Bar ALT: Salisbury Steak
27	28			
Beef Tater Tot Casserole Green Peas Diced Peaches Rye bread/margarine Brownie	Country Fried Steak with gravy Mashed Potatoes Green Beans Pull apart roll/margarine Chocolate cupcake			

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to www.voamn.org