

AR & LE

Spring & Summer 2013



AR&LE's Got Talent - a TV Reality Check!

May 5, 2013 ■ 3 pm

See details on back cover.

Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.



Adaptive Recreation and Learning Exchange

Serving Bloomington, Eden Prairie, Edina & Richfield

WELCOME!

We would like to extend the invitation for you to take part in the variety of programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). The information provided here should give you a closer look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, the Adaptive Recreation and Learning Exchange (AR&LE) has been a leader in providing options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

WHAT IS AR&LE?

AR&LE is made up of two parts - Adaptive Recreation “AR” and the Learning Exchange “LE”.

- *Adaptive Recreation:* The cities of Bloomington, Eden Prairie, Edina and Richfield each have programs that are specifically designed for people of all ages with disabilities including; softball, bowling, swimming lessons, fitness programs, skiing/snowboarding, basketball, as well as a number of social programs for both youth and adults.
- *The Learning Exchange:* The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs are working together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, health and fitness, and other leisure learning activities.

PROGRAM CATALOG

AR&LE publishes a program catalog three times a year with descriptions of all programs to be offered for the upcoming season. This is sent out to all the participants and professionals who are on our mailing list.

Electronic copies of the current AR&LE program catalog are available via the Internet at: www.ci.bloomington.mn.us and enter keywords “Adaptive Recreation” in the search engine.

PROFILES

In order to be on our mailing list, each person must complete a profile. Individuals with disabilities who participate in AR&LE programs should fill out a Participant profile. With the completed profile, the information is then available to the program staff so that they can be aware of any health, medical and special needs issues that pertain to the participant. Those individuals who provide support to, or work with the participant, should complete a Professional profile. After requesting a profile from any of the AR&LE staff or filling out and printing an online copy from www.ci.bloomington.mn.us, return the completed profile to the following address:

Bloomington Parks & Recreation
Attn: Mara
1800 West Old Shakopee Road
Bloomington, MN 55431

PROGRAM FEES AND REGISTRATION

The fees to **register** for AR&LE programs vary. Some are broken into Resident and Non-resident amounts. A Resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Non-residents are considered to be those living outside of these cities. If a non-resident fee is charged, the difference is very minimal.

REFUND POLICY

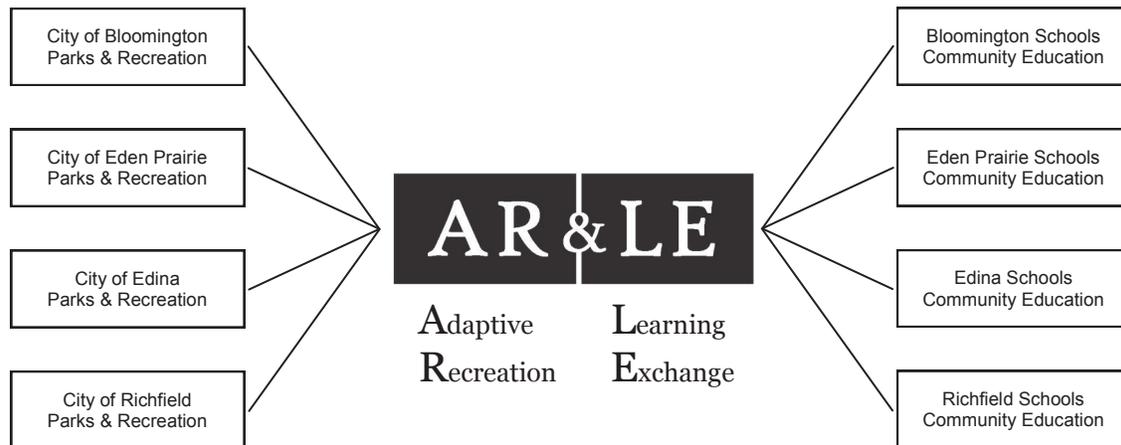
Each city reserves the right to implement their own refund policy.

The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. Upon request, this information can be available in alternate formats.

THE STAFF

The supervisory staff that are responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

Working together, the Community Education directors from the school districts of Bloomington, Eden Prairie, Edina and Richfield employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach the Learning Exchange classes with the assistance of talented and trained volunteers.



CONTACT INFORMATION

Bloomington Adaptive Recreation

- Kari Hemp – Recreation Supervisor, Adult & Youth Programming: 952-563-8877 (tty: 952-563-8740) khemp@ci.bloomington.mn.us

Eden Prairie Adaptive Recreation

- Nicole Minton - Recreation Supervisor: 952-949-8457 (tty: 952-949-8399) nminton@edenprairie.org

Edina Adaptive Recreation

- Kristin Aarsvold – Recreation Supervisor: 952-826-0433 (tty: 952-826-0379) kaarsvold@EdinaMN.gov
- Dawn Beitel - Recreation Specialist: 952-826-0438 (tty: 952-826-0379) dbeitel@EdinaMN.gov

Richfield Adaptive Recreation

- Ann Hoffer – Recreation Supervisor: 612-861-9361 (MN Relay Service at 711) ahoffer@cityofrichfield.org

Learning Exchange

- Gina Carpenter – Coordinator of Alternative Educational Services: 952-681-6122 (MN Relay Service at 711) - gcarpenter@bloomington.k12.mn.us
- Janet Clarke – Community Liaison: 952-681-6121 (MN Relay Service at 711) jclarke@bloomington.k12.mn.us



TRAIL (Transportation Resource to Aid Independent Living) provides transportation services for developmentally disabled adults, enabling them to attend a variety of AR&LE programs. TRAIL riders live in Bloomington, Eden Prairie, Edina and Richfield and do not have affordable transportation available. Through donations and fundraising TRAIL subsidizes the cost of transportation so riders pay a nominal fee per trip. Programs with this bus symbol offer TRAIL rides. To learn more or to make a donation, go to www.ridetrail.org or call Michelle at 952-828-0983. **The current AR&LE catalog is available at www.ridetrail.org under “Resources”.**

PERSONAL PROGRAM CHART

Use the chart below to keep track of your registered programs! If you don't want to cut out the registration forms, **an electronic copy of the current AR&LE program catalog is available via the Internet at: www.ci.bloomington.mn.us** and enter keywords "Adaptive Recreation" in the search engine.

Day	Date/Time	Program	Location
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			



**Kari Hemp - Recreation Supervisor
Adult & Youth Programming**
Phone: 952-563-8877
Email: khemp@ci.bloomington.mn.us
Address: 1800 W. Old Shakopee Road
Bloomington 55431
TTY: 952-563-8740
Website: www.ci.bloomington.mn.us



DANCE YOUR SOCKS OFF! ADULTS 18+

Put on your dancing shoes and get ready to boogie! No registration required, but you must have an AR&LE Participant Profile on file. Participants who require assistance must bring their own support person. *Door prizes will be given out near the end of each dance. MUST BE PRESENT TO WIN!* Music by Generations A to Z. Don't miss out on these fun events!

Dates/Time: March 15, 2013 ▪ 7:00-9:00 pm

St. Patrick's Dance

Celebrate St. Patrick's Day with us and remember to wear green!
Register for TRAIL by Monday, March 11, 2013 by noon.

April 19, 2013 ▪ 7:00-9:00 pm

Music Video Night: Everything Jackson

Moon Walk the night away to music videos from Michael Jackson, Janet Jackson and the Jackson 5!
Dress in your best Jackson outfit!
Register for TRAIL by Monday, April 15, 2013 by noon

Location: Valley View Middle School, 8900 Portland Avenue South, Bloomington.

Parking is available on the West side (back) of the building. Enter through door E on the North end.

Cost: **\$6/participant** (includes 1 can of soda or water). Additional soda/water available for purchase for \$1.00. Support staff are free of charge and can purchase soda/water for \$1.00.

Register by: No dance registration required.

YOUTH SOFTBALL - AGES 10-18

BATTER UP! Want to learn to play softball? Increase your softball skills? Learn more about softball? Have fun and meet new friends? This is the program for you! Youth softball teaches basic rules and good sportsmanship in a non-threatening environment. Our staff is well experienced in the game and will give the youth a softball experience of a lifetime! Siblings and parents are invited to volunteer. Season highlights may include special events such as playing under the lights (program times may vary for this event), end of the season picnic, team pictures, and more! Staff to participant ratio is 1:10.

Dates/Time: Mondays ▪ June 17-August 12 ▪ 6:30 pm - 8:30 pm (no program July 1)

Location: Tarnhill Park, 9650 Little Road, Bloomington

Cost: \$59, includes team shirt. Please indicate shirt size when registering.

Register by: Friday, May 31, 2013



ADULT COMPETITIVE SOFTBALL - AGES 19+

Want to play some softball? Do you have experience playing on a team? Then this program is for you. This program is designed for men and women who want to play competitively. Teams will be developed after the player skill evaluations are completed the first night. Season highlights may include special events such as playing under the lights (program times may vary for this event), end of the season picnic, team pictures, and more! Staff to participant ratio is 1:20.

Dates/Time: Tuesdays ▪ June 18-August 13 ▪ 6:30 pm - 8:30 pm (no program July 2)

Location: Tarnhill Park, 9650 Little Road, Bloomington

Cost: \$59, includes team shirt. Please indicate shirt size when registering.

Register by: May 31, 2013. TRAIL is available! TRAIL riders must request TRAIL when registering.

TRAIL requires a minimum of five riders, so sign up early.



ADULT RECREATIONAL SOFTBALL - AGES 19+

Join us for a fun summer of softball with your friends from AR&LE. This program is designed for men and women who want to play for fun - no experience is necessary. Teams will be developed after the player skill evaluations are completed the first night. Season highlights may include special events such as playing under the lights (program times may vary for this event), end of the season picnic, team pictures, and more! Staff to participant ratio is 1:20.

Dates/Time: Tuesdays ▪ June 18-August 13 ▪ 6:30 pm - 8:30 pm (no program July 2)

Location: Tarnhill Park, 9650 Little Road, Bloomington

Cost: \$59, includes team shirt. Please indicate shirt size when registering.

Register by: May 31, 2013. TRAIL is available! TRAIL riders must request TRAIL when registering.

TRAIL requires a minimum of five riders, so sign up early.

Looking for registration forms or want to pre-register/pay for our programs? Go online to www.ci.bloomington.mn.us (keyword "Dance" or "AR&LE Softball") or contact us at 952-563-8877.



Nicole Minton, CTRS
Recreation Supervisor
Eden Prairie Parks and Recreation
Address: 8080 Mitchell Road, Eden Prairie 55344
Phone: 952-949-8457
TTY: 952-949-8399
Email: nminton@edenprairie.org
Website: www.edenprairie.org

ADAPTIVE ICE SKATING I - AGES 13-25

Using personalized instruction, this program will work with skaters of all abilities, at an individual pace, within a group setting. Starting with a focus on becoming familiar with the ice and learning to stand and fall correctly, the program will progress to improving balance, coordination, flexibility and strength while learning a number of fundamental skating skills. No previous skating experience is required. Protective head gear is a must (i.e. bike helmet).

Dates/Time: Wednesdays ▪ April 10-May 22 ▪ 6:55 pm - 7:25 pm
Location: Eden Prairie Community Center
Cost/Registrar: \$64 ▪ Register by March 27; maximum 8



WALKING CLUB - AGES 13-22

Lace up your walking shoes! Enjoy a refreshing walk and good conversation with new and old friends.

Dates/Time: Monday-Thursday ▪ May 20-23 ▪ 2:45 pm - 4:00 pm
Location: Meet at Round Lake Park Building
Cost/Registrar: \$32 ▪ Register by May 13; maximum 8

SWIM, GYM, AND MORE! - AGES 13-22

Hang out with friends and play games and get creative with art activities. Bring a swimsuit and towel each day.

Dates/Time: Wednesday, April 2 ▪ Thursday, April 3 ▪ Friday, April 4 ▪ 9:00 am - 3:00 pm
Location: Eden Prairie Community Center Room 203/204
Cost/Registrar: \$28 per date ▪ Register by March 26; maximum 8



SPORTS SAMPLER CAMP - AGES 13-22

Each day a new sport will be introduced. Floor hockey, basketball, baseball, soccer, and bowling—OH MY! Learn a few skills, watch how the Pros play, and play a game or two. Wear comfortable clothes to be physically active and bring a water bottle.

Dates/Time: Monday-Friday ▪ August 5-9 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Community Center, Gym and Room 204
Cost/Registrar: \$70 ▪ Register by July 29; maximum 10

IN/OUT AND ABOUT CAMP - AGES 13-22

Explore the many things to do in and around Eden Prairie on a hot summer day? Each day we will venture to a new place. Trips will be to the challenge course at Eden Wood Center, MacPhail Center for Music, Lowery Nature Center, Centennial Lakes, and Sand Ventures. Pack your lunch, 2 snacks and a water bottle each day. Registration fee includes admission.

Dates/Time: Monday-Friday ▪ June 17-21 ▪ 9:00 am - 3:00 pm
Location: Drop off and pick up at Nesbitt Preserve Park
Cost/Registrar: \$115 ▪ Register by June 10; maximum 10



EVERYONE CAN DANCE CAMP - AGES 13-22

Learn the basic building blocks of dance that include eye-hand coordination, flexibility, and rhythm. Throughout the camp, dancers can have the opportunity to learn a short dance, play games, and meet new friends. Parents of the dancers are invited to attend a performance on the last day.

Dates/Time: Monday-Friday ▪ July 22-26 ▪ 9:00 am - 10:30 am
Location: Eden Prairie Community Center Room 201
Cost/Registrar: \$40 ▪ Register by July 15 maximum 12



FUN WITH TECHNOLOGY - AGES 13-22

Bring your iPod Touch or iPad to this class and learn how to communicate and interact socially with Proloquo2Go, Pictello and various free apps. Create a photo presentation to share with your parents at the end of the session. Instructors: Bonnie Johnson and Becky Duchon.

Dates/Time: Monday-Friday ▪ July 22-26 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Community Center Cambria Room
Cost/Registrar: \$75 ▪ Register by July 15; maximum 15

MUSIC INSIGHTS CAMP - AGES 13-22

Sing, dance, play instruments, and be with friends. We will use ribbons, scarves, and props to put together a short performance for friends and family to come watch at the end of the week. Instructor is Jill Boyd.

Dates/Time: July 15-19 ▪ 10:30-12:00 & July 15-19 ▪ 1:00-2:30 pm
Location: Eden Prairie High School Rehearsal Hall
Cost/Registrar: \$58 each session ▪ Register by July 8; maximum 15



ART THROUGH THE AGES CAMP - AGES 13-22

This exciting camp will introduce the work of important artists and art movements, improve creative problem solving and technical skills, have fun making art and developing your own style! Each project is introduced with artist's examples and hands-on instruction. Artists will bring home amazing works of art in the style of important Artists each day.

Dates/Time: Monday-Friday ▪ August 12-16 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Art Center, 7650 Equitable Drive
Cost/Registrar: \$90 ▪ Register by August 5; maximum 10



ALL IN ONE ART CAMP - AGES 13-22

In this multi-media camp we will explore different art techniques and learn the basics of drawing, painting and sculpture.

Dates/Time: Monday-Friday ▪ June 24-28 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Art Center, 7650 Equitable Drive
Cost/Registrar: \$90 ▪ Register by June 17; maximum 10

ADAPTIVE TEEN CAMP - AGES 13-22

These semi-structured camps are intended to foster social and emotional growth; as well as teach life skills in a safe and fun place. Daily activities will range from games, arts, nature, and swimming. Bring sun screen and water bottle each day. All camps run Monday through Friday. IMPROVE ON HOW CAMP COSTS ARE LISTED

Dates/Time: June 24-28 ▪ 9 am - noon ▪ \$42	August 5-9 ▪ 9 am - noon ▪ \$42
July 8-12 ▪ 9 am - noon ▪ \$42	August 12-16 ▪ 9 am - noon ▪ \$42
July 15-19 ▪ noon - 3 pm ▪ \$42	August 19-23 ▪ 9 am - noon ▪ \$42
July 29-Aug 2 ▪ 9 am - 3 pm ▪ \$85	

Location: Nesbitt Preserve Park
Register: Register seven days prior to the start date; maximum 10

LUNCH AND TRANSPORTATION - AGES 13-22

Are you registered for a morning and afternoon camp? Stay for lunch and hang out with friends. Transportation is provided.

Dates/Time: June 24-28 ▪ noon - 1:00 pm ▪ \$15	August 5-9 ▪ noon - 1:00 pm ▪ \$15
July 8-12 ▪ noon - 1:00 pm ▪ \$15	August 12-16 ▪ noon - 1:00 pm ▪ \$15
July 22-26* ▪ 10:30 am - 1:00 pm ▪ \$30	August 19-23 ▪ noon - 1:00 pm ▪ \$15

Location: Nesbitt Preserve Park; *Eden Prairie Community Center, Room 201
Register: Register seven days prior to the start date; maximum 10



CREATIVE MOD-SQUAD - SOCIAL SKILLS CAMP - AGES 13-22

Through creative expression, participants will develop self-awareness, self-perception, and social recreational skills. Participants walk away with an understanding of context, double meanings, the give and take of social relationships and an improved theory of mind, the ability to take into account what others might think and/or know.

Dates/Time: August 19-23 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Community Center Room 201
Cost/Registrar: \$130 ▪ Register by August 5; maximum 10



In the Company of Kids Creative Art Center provides opportunities for all students to develop self-confidence and awareness through artistic and creative experiences. Students learn life-long skills in communication, social skills, problem solving, confidence building and more.

BE A STAR THEATRE CAMP - AGES 13-22

Enhance your confidence, problem solving, and communication skills through this performing arts camp. Music, costumes, props will be available to help you release your creative energy. Your friends and family are invited on the last day of camp to see you sing like a star.

Dates/Time: Monday-Friday ▪ July 8-13 ▪ 1:00 pm - 3:00 pm
Location: Eden Prairie Community Center Room 201
Cost/Registrar: \$130 ▪ Register by June 24; maximum 10



In the Company of Kids Creative Art Center provides opportunities for all students to develop self-confidence and awareness through artistic and creative experiences. Students learn life-long skills in communication, social skills, problem solving, confidence building and more.

YOUNG ATHLETES - AGES 2-7 YEARS

Young Athletes is an innovative sports play program that provides children with intellectual disabilities a setting to practice, enhance, and display their abilities while improving physically, cognitively and socially. The program is designed to not only allow children the opportunity to join the Special Olympics movement, but neuro-typical siblings, relatives, or friends can also participate.

Each person must register separate. No program on April 3.

Dates/Time: Wednesdays ▪ March 20-April 24 ▪ 6:00 pm - 6:45 pm
Wednesdays ▪ May 8-June 5 ▪ 6:00 pm - 6:45 pm

Location: Eden Prairie Community Center Room 201

Cost/Registrar: \$38 ▪ Register by seven days before start of program; maximum 8



Special Olympics
Minnesota
Be a fan™

SATURDAY NIGHT OUT - AGES 13-22

Are you looking for an excuse to hang out with friends? Register early for an exciting opportunity to experience various leisure activities and events in and around the community. There are no prerequisites for participation.

Note: You must register by the date of deadline for each outing. No refunds will be given after this deadline due to the planning for staff, tickets, food and transportation.

Make and Take Magic Duck Tape Wallet - The criss-cross starts on one side of the wallet, but when you open it up on the other side, the criss-cross switches to the other side. Supplies and healthy snacks will be provided. Registration deadline April 19; maximum 15

Date: April 27 Time: 5:00-7:30 pm Location: Eden Prairie Senior Center Cost: \$20

SNO Back to School Party - Summer vacation is almost over. Connect with your friends for one last Hoo-Ray with music, games, and food! Registration deadline August 16; maximum 15

Date: August 24 Time: 4:00-6:00 pm Location: Round Lake Park Cost: \$15

Eden Prairie Registration form is on page 17.



Kristin Aarsvold, Recreation Supervisor
Edina Parks and Recreation
Address: 4801 W. 50th Street, Edina 55424
Phone: 952-826-0433
TTY: 952-826-0379
Email: kaarsvold@EdinaMN.gov
Dawn Beitel- Recreation Specialist - 952-826-0438
Email: dbeitel@EdinaMN.gov
Website: www.EdinaParks.com

ADAPTIVE SPORTS SAMPLER

Each week we will build skills and introduce new games. Participants will learn about basketball and soccer. Emphasis is on fun and fitness, ages 10 and older. Groups divided by age.

Dates: Thursdays ▪ April 4-May 16
Time: 7:15 pm - 8:30 pm
Location: Southview Middle School - City Gym
Cost: \$65
Register by: March 22; minimum 10, maximum 40

FRIDAY NIGHT CREATIONS

Friday nights will be filled with creating arts and crafts projects from recycled materials and nature. Ages 16 and older are invited to get creative and have fun with friends.

Dates: Fridays ▪ March 8-April 12
Time: 6:00 pm - 7:30 pm
Location: Southview Middle School - City Gym
Cost: \$65
Register by: March 1; minimum 6, maximum 12



SUPER SUNDAYS

Social group for ages 15-25 who like to try new things, explore and meet friends. For trips outside of the four AR&LE cities, bus transportation is provided to and from the Edina Senior Center minimum 10, maximum 20

*Note: You must **register by the deadline date** for each outing. **No refunds** will be given after this deadline due to the need to plan for staffing, tickets, supplies and transportation. You will **not** receive a confirmation for your registration.*

Minnesota Special Olympics Spring Games - We will travel by bus to University of St. Thomas to cheer on Special Olympians in aquatics and basketball competitions. Bring extra \$ to purchase a snack at the event.
Register by Monday, March 18.

Date: Mar 24 **Time:** 10:30–2:00 pm **Location:** Bus leaves from Edina Senior Center **Cost:** \$15
5280 Grandview Square, Edina

Pinstripes - Our group will meet at Pinstripes for a fun filled afternoon of open bowling and lunch (cheese pizza, dessert and soda) as we wait for the warm weather to arrive. Shoes are included, but please wear socks.
Register by Friday, April 5.

Date: April 14 **Time:** 1:00–3:00 pm **Location:** Pinstripes **Cost:** \$32
3849 Gallagher Drive, Edina

AR&LE Performers Spring Concert - Enjoy watching and supporting your friends at the “AR&LE’s Got Talent” show! Super Sundays participants will meet and sit together in reserved seating at this singing and dancing variety show. *Register by Monday, April 29.*

Date: May 5 **Time:** 2:30–4:00 pm **Location:** Meet at Olson Middle School **Cost:** \$5
4551 W. 102nd Street, Bloomington

Minneapolis Sculpture Garden - Visit the largest urban sculpture garden in the country, featuring the cherry and spoon and standing glass fish sculptures. Afterwards we will drop by Sebastian Joes where you can purchase (bring your own \$) an ice cream treat. *Register by Friday, May 24.*

Date: June 2 **Time:** 1:00–3:30 pm **Location:** Bus leaves from Edina Senior Center **Cost:** \$20
5280 Grandview Square, Edina

LARRY NELSON ADAPTIVE GOLF PROGRAM

Beginners will learn about golf etiquette, basic skills and rules with experienced volunteer golfers. Golfers are supported on the course with volunteers based on their needs, ages 10 and older.

Date: Fridays ▪ May 10-June 14 (no class on May 24)
Time: 7:30 pm - dark
Location: Braemar Golf Course
Cost: \$66
Register by: April 4; minimum 8, maximum 12



LARRY NELSON ADAPTIVE LEAGUE AND ADVANCED LESSONS

This program is designed for golfers who are independent on the course with little supervision from volunteers. After two sessions of skill building we will hit the course. Golfers must be referred to the program. **TRAIL requires a minimum of five riders, so sign up early.**

Dates: Fridays ▪ May 10-June 14 (no class on May 24)
Time: 6:30 pm - dark
Location: Braemar Golf Course
Cost: \$85 ; plus weekly greens fees for last four weeks
Register by: April 4; minimum 8, maximum 12



ADAPTIVE WATER AEROBICS

Begin aerobic strengthening, stretching and range-of-motion exercises, all in the comfort of the Edinborough Park pool. Boost fitness levels and minimize the impact on your bones/muscles as you exercise. The pool has a chair lift for easy entrance and exit. Ages 16 and up are welcome; group home staff bringing more than two participants must provide support in the water. **TRAIL requires a minimum of five riders, so sign up early.**

Dates: Wednesdays
Session I: June 5-26 ▪ Session II: August 7-28
Time: 6:30 pm - 7:30 pm
Location: Edinborough Park, 7700 York Avenue South, Edina
Cost: \$40
Register by: May 27; minimum 10, maximum 25



THEATRICAL PERFORMANCE CAMP - PLAY TO BE DETERMINED

It's one of our most popular teen camps! After viewing a movie, campers will learn lines and songs, as well as create the sets for the exciting performance that is held on the last day of camp. This program is open to ages 13-25.

Dates/Time: Monday - Thursday ▪ August 12-15 ▪ 10:00 am - 3:00 pm
Friday ▪ August 16 ▪ 9:30 am - 1:00 pm
Performance at 1:00 pm
Location: Edinborough Park, 7700 York Avenue, Edina
Cost: \$160
Register by: Deadline July 15; minimum 8, maximum 20



Edina Registration form is on page 17.



Ann Hoffer
Recreation Supervisor
Richfield Recreation Services
Address: 7000 Nicollet Avenue South
Richfield 55423
Phone: 612-861-9361
TTY: 711 (Minnesota Relay Service)
Email: ahoffer@cityofrichfield.org
Website: www.cityofrichfield.org

TRAIL MOVIES AND MUNCHIES

Meet new people, visit with friends, and enjoy a movie on the big screen!

Who: Adults 18 and older. Support staff are asked to assist clients as needed.
Date/Time: Fridays ▪ 7:00 - 9:00 pm
 March 1 - *The Odd Life of Timothy Green*
 April 5 - *Wreck-It Ralph*
 May 3 - *Parental Guidance* (\$7 movie & pizza)



Location: Richfield Community Center, 7000 Nicollet Avenue South

Cost: \$5 per movie **payable at the door**. This is to cover the cost of your munchies.

Support Staff are invited to attend free of charge. (May 3 staff are required to pay \$5 if they would like pizza.)

Register by: Call 612-861-9385 by 12:00 pm the Tuesday before each movie to register. TRAIL riders must request a ride by checking the box on the registration form or call in by the Tuesday before each movie. maximum 50.

TRAIL CARDIO FITNESS

Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes.

Who: Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.

Dates: Mondays and Wednesdays. April 1-May 22

Time: 7:00 - 8:00 pm

Location: Richfield Community Center, 7000 Nicollet Avenue South

Cost: 2 days per week: \$48 resident, \$53 nonresident
 1 day per week: \$24 resident, \$26.50 nonresident

Please indicate Monday and/or Wednesday on your registration form! **TRAIL is only available on Wednesday night. Minimum of five riders and maximum of twenty riders.**

Register by: March 27; minimum 10, maximum 25 per night



TRAIL STEP TO IT WALKING CLUB

Walking is great exercise and the best time to walk is summer! Join the summer walking club! We will be walking around the Kennedy High School Track. Remember to dress for the weather, wear tennis shoes & BRING A WATER BOTTLE!!! If it rains we will walk inside the Kennedy Activity Center. **TRAIL requires a minimum of five riders, so sign up early.**

Who: Adults 18 and older who can safely be supervised by 1 staff person per 25 participants

Dates: Mondays ▪ June 3-August 19 (August 26 makeup)

Time: 7:00 pm - 8:00 pm

Location: Kennedy High School Track (150 East 98th Street, Bloomington)

Cost: \$40 resident, \$45 nonresident

Register by: Wednesday, May 29; minimum 10, maximum 25



Richfield Spring & Summer Registration forms are on page 19.



SPRING GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

St. Patrick's Day BINGO & Shamrock Sundaes – Play BINGO and win lucky prizes! For dessert make a shamrock sundae with all your favorite toppings! Wear Green! Register by: March 8; min 15, max 40

Date: Wed, Mar 13 Time: 7:00-8:30 pm Location: Richfield Community Center Cost: \$12
Staff cost: \$3 for sundae

Maple Syruping at WLNC – Learn how maple syrup is made at Wood Lake Nature Center! See how trees are tapped for sap which is boiled into syrup. Afterwards, enjoy a maple treat! Register by: March 15; min 15, max 30

Date: Wed, Mar 20 Time: 6:30-8:00 pm Location: Wood Lake Nature Center, Richfield Cost: \$12
Staff cost: \$0 please note if attending

Dinner and a Magic Show – Be prepared to be amazed by comedy magician Kevin Hall! Enjoy a delicious dinner followed by a fun and entertaining magic show. Register by: April 8; min 20, max 40

Date: Fri, Apr 12 Time: 6:30-8:15 pm Location: Richfield Community Center Cost: \$22
Staff cost: \$8 for dinner

Fire Station Tour & Davanni's – Find out how the Richfield Firefighters live and work as we tour Station 2. Afterwards, we'll walk to Davanni's for a yummy dinner with salad, pizza and dessert. Register by: Apr 18; min 15, max 30

Date: Tues, Apr 23 Time: 6:30-8:45 pm Location: Drop off Richfield Fire Station 2 Cost: \$16
6401 Penn Avenue; *Staff cost:* \$10 for buffet
pick up at Davanni's
(next to fire station)

AR&LE's Got Talent Show – Watch your AR&LE friends act, sing and dance! We will enjoy reserved seating at the AR&LE's Got Talent Show-a TV Reality Check for an afternoon of fun and entertainment. Register by: April 29; min 15, max 40

Date: Sun, May 5 Time: 2:30-4:15 pm Location: Olson Middle School Cost: \$10
Bloomington *Staff cost:* \$0

Bowling @ Brunswick Zone – Keep up on your bowling game and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by: May 13 min 15, max 40

Date: Fri, May 17 Time: 6:30-8:30 pm Location: Brunswick Zone Eden Prairie Cost: \$15
Staff cost: \$0 purchase own dinner



SUMMER GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

Tacos & Tunes – Build your own taco of tasty fixings, plus salsa and chips. Then listen to a lively outdoor concert in Ausburg Park or indoor games if it rains! **Register with the Learning Exchange on page 15.**

Date: Thurs, June 6 Time: 6:30-8:15 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$8 for dinner

"Carnival" Outdoor Musical – Enjoy an evening outside as the Eden Prairie Players perform "Carnival"! Remember to bring a lawn chair or blanket to sit on! Snacks will be provided. Register by: June 14; min 15, max 40

Date: Thurs, June 20 Time: 6:30-8:45 pm Location: Staring Lake Amphitheatre Cost: \$10
Staff cost: \$0

Concert in the Park – It's 80's Music Explosion night at the Normandale Lake Bandshell! Listen and dance to music, dress in your best 80's gear for the costume contest. Bring a lawn chair or blanket to sit on! Snacks provided. Bring \$\$ if you would like to purchase food. Register by: July 8; min 15, max 40

Date: Thurs, July 11 Time: 6:30-8:45 pm Location: Normandale Bandshell Cost: \$10
Bloomington *Staff cost:* \$0

10th Annual Summer Picnic– It's that time of year again, the annual Good Happenings picnic with your friends! We will have great food, play BINGO and sand volleyball! We will picnic in Shelter #3 at Bush Lake. Register by: July 18; min 20, max 40

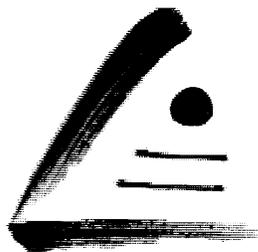
Date: Wed, July 24 Time: 6:30-8:30 pm Location: Bush Lake Park, Bloomington Cost: \$15
Staff cost: \$8 for picnic dinner

St. Paul Saints Game – Outdoor baseball at it's best! The Saints will be playing the Sioux City Explorers. You will receive \$5 in Saints Bucks to purchase concessions. If you need extra food, please bring \$\$! Register by: July 19; min 20, max 35

Date: Sun, Aug 11 Time: noon-5:00 pm Location: Drop off/pick up at Cost: \$30
Richfield Comm Ctr *Staff cost:* \$18 for ticket & Saints Bucks

Bowling @ Brunswick Zone – Get ready for the fall bowling season, practice and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by: August 19; min 15, max 40

Date: Fri, Aug 23 Time: 6:30-8:30 pm Location: Brunswick Zone Eden Prairie Cost: \$15
Staff cost: \$0 purchase own food



THE LEARNING EXCHANGE

Gina Carpenter - Coordinator of Alternative Educational Services
Address: 2575 West 88th Street, Bloomington 55431
Phone: 952-681-6122
TTY: 711 (Minnesota Relay Service)
Email: gcarpenter@bloomington.k12.mn.us
Janet Clarke - Community Liaison
Phone: 952-681-6121
Email: jclarke@bloomington.k12.mn.us
Website: www.bloomington.k12.mn.us

Learning Exchange classes are for adults, 18 years and older.

On-line Registration Site and Web Site

For on-line registration, go to **br.thatscommunityed.com** and create an account. Or link from our web page at **bloomington.k12.mn.us** and click on *Community Services*, then *Adults with Disabilities*, then *Register for Classes*.

Personal Leisure and Healthy Lifestyles

NEW! SMART SHOPPER GROCERY TIPS

Learn grocery tips at an actual grocery store, and make a fun evening out of it. Join Michelle Veith first at Caribou Coffee to discuss smart shopping ideas, then cross the parking lot to Cub Foods to compare value and prices firsthand. Find out if 'buy one get one' is a good deal and whether fresh vegetables are healthier than frozen. Note: Learners should bring money if they want to purchase a beverage at Caribou. Learners will not be purchasing items at Cub, just observing.

Date/Time: Tuesday ▪ April 30 ▪ 7:00 pm - 8:30 pm
Location: Drop off at: Caribou Coffee; 6805 York Avenue South, Edina
Pick up at: Cub Foods, 6775 York Avenue South, Edina
Cost: \$8, checks payable to **ISD 271**
Register by: April 16; minimum 8, maximum 12



FRIENDSHIP SKILLS: BINGO, TRIVIA AND CONVERSATION

Let's play Bingo (yes, with prizes!) and More Disney Movie Trivia. Between games, we'll practice conversation skills from questions that were part of the games. What a great way to have fun and get to know people!

Date/Time: Monday ▪ April 22 ▪ 7:00 pm - 8:30 pm
Location: Washburn Elementary School, Lunchroom, 8401 Xerxes Avenue South, Bloomington
Cost: \$10, checks payable to **ISD 271**
Register by: April 8; minimum 6, maximum 20

SHOOTING POOL

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room. *Now at the Edina Senior Center Pool Room in Edina!*

Date: Monday ▪ May 6
Time: 7:00 pm - 8:15 pm
New Location: Edina Senior Center, 5280 Grandview Square, Edina
Cost: \$8, checks payable to **ISD 271**
Register by: April 22; minimum 6, maximum 12



CHAIR YOGA AND RELAXATION

Come stretch, breathe, feel more energized, but relaxed! It's the magic of yoga. We'll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first.

Dates: Thursdays: April 18 ▪ May 9 ▪ May 30
Time: 7:00 pm - 8:00 pm
Location: Fraser Lyndale Court Commons Room, 10325 Lyndale Avenue South, Bloomington
Cost: All three classes for only \$14, checks payable to **ISD 271**
Register by: April 4; minimum 6, maximum 12



Arts & Crafts



NEW! CLAY AND ART CREATIONS!

In this two night class, you'll create animal-inspired art. The first night, make and decorate your own pinch pot with a head and feet (and a tail!?) and colorful paint. We'll fire your pot in a kiln and have it ready for you on the second night. During the second night you'll use your pot as an inspiration for making a collage to display with your pot, or hang on your wall, or use as a placemat. Fee includes all materials.

Date: Mondays ▪ April 1 and April 8
Time: 7:00 pm - 8:30 pm
New Location: Eden Prairie Art Center, 7650 Equitable Drive, Eden Prairie
Cost: \$20, checks payable to **ISD 271**
Register by: March 18; minimum 8, maximum 14



CRAFTS WITH MICHELLE

Join Michelle for a fun evening making unique handmade projects to keep or give as gifts. These fill fast—sign up soon!

TRAIL riders: Not all classes offer TRAIL. Verify on the Registration Form that your choice offers TRAIL.

SPRING MINI BOUQUET

Create a uniquely decorated 3" tall cardboard vase using patterned papers, ribbons, gems and charms. Then fill it with artificial flowers and bring home a lovely bouquet to enjoy at home or to give as a gift.

Option 1: Tuesday ▪ May 7 ▪ 7:00 pm - 8:00 pm
Fraser Sheridan Court Commons Room, 2500 West 66th Street, Richfield
Option 2: Monday ▪ May 13 ▪ 7:00 pm - 8:00 pm
Fraser Lyndale Court Commons Room, 10325 Lyndale Avenue South, Bloomington
Cost: \$12, checks payable to **ISD 271**
Register by: Two weeks before class; minimum 6, maximum 12



EXQUISITE JEWELRY FRAME

Make a one-of-a-kind jewelry holder using an unfinished 5" x 7" wooden frame. After you've embellished the frame with funky paper, charms, paint, stickers, etc. we'll add window screen to the frame opening for hanging earrings and hooks to the bottom for necklaces and bracelets. Then we'll glue on a ribbon to hang – your jewelry has become a work of art!

Date/Time: Tuesday ▪ May 28 ▪ 7:00 pm - 8:30 pm
Location: Central Middle School, 8025 School Road, Eden Prairie; Art Room
Cost: \$12, checks payable to **ISD 271**
Register by: May 14; minimum 6, maximum 16



THE NEED TO KNOW ABOUT GUARDIANSHIP

Do you have questions about guardianship for a family member with a disability – how to prepare, how the process works, how to arrange successor guardians or other issues? This forum will walk through the basics of guardianship and answer your questions.

Presenters will be **Rebecca Levine**, attorney at law with the law firm of Thiel, Campbell, Gunderson, Anderson and Levine PLLP, and **Brad Hansen** of The ARC Greater Twin Cities.

Friday, April 19, 2013
1:00-3:00 p.m.
Christ the King Church, Fellowship Hall
8600 Fremont Avenue South, Bloomington

Please **RSVP by Tuesday, April 16**, by contacting Gina Carpenter at the Learning Exchange at gcarpenter@bloomington.k12.mn.us, or call 952-681-6122. There will be a charge of \$15 per person at the door. Please make checks payable to ISD #271. Light refreshments will be served.

SAGES is a collaboration of community organizations offering education about disability issues. SAGES workshops are for self-advocates, family members, care givers, and service providers of people with disabilities.

Cooking Classes



TACOS & TUNES PICNIC - IN COOPERATION WITH GOOD HAPPENINGS

Build your own taco of tasty fixings, plus salsa and chips. Then, listen to a lively outdoor concert in Augsburg Park next to the Community Center. Bring a folding lawn chair or blanket to sit on. Bring outdoor clothing to keep warm if it is cool. If it rains, we'll have indoor games to continue the fun! Additional dinner for staff, \$8.

Date: Thursday ▪ June 6
Different Time: 6:30 pm - 8:15 pm
Different Location: Richfield Community Center, 7000 Nicollet Avenue, Richfield
Cost: \$15 for participant; staff dinner \$8, checks payable to **ISD 271**
Register by: May 23; minimum 6; maximum 40



COOKING CORNER



TRAIL riders: Only Thursday cooking classes have TRAIL. No Monday cooking classes will have TRAIL available. See registration form to verify that your choice offers TRAIL.

Register for one or more of the classes listed below, and don't forget to bring containers. These classes are designed for adults who can safely use knives, oven and stovetop without supervision.



NOTICE **NEW TIME** FOR ALL CLASSES BELOW:

NEW Time: All classes meet from **7:00 pm - 8:30 pm**
Location: Jefferson High School, 4001 W. 102nd St., Bloomington, Cooking Lab A100
Cost: \$14 per class, checks payable to **ISD 271**
Register by: Two weeks before class; minimum 6, maximum 12 (Hurry, these fill fast!)

An "Egg-Strada-nory" Dish! **Thursday, Apr 11 or Monday, Apr 15 or Thursday, Apr 25**

Make this delicious dish for supper or for breakfast! We will make mini egg stradas featuring layers of bread, ham or bacon, cheese and a choice of veggies all baked together with egg in a muffin pan. Add fruit and a tangy juice drink and you truly have the breakfast of champions.

Barbeque Bonanza **Thursday, May 16 or Monday, May 20 or Thursday, May 23**

Saddle up, it's time for a good old country barbecue. We will jazz up your ordinary barbecue with flaky crescents rolls wrapped around a tangy barbecued chicken with cheese filling. Get your skewers ready, we will be wrestling up some ye-ha! good roasted vegetable kabobs for the perfect down-home meal.

You WANT to see this show featuring your friends from AR&LE!

AR&LE's Got Talent: a TV Reality Check

Sunday ▪ May 5 ▪ 3:00 PM
Olson Middle School Auditorium
4551 West 102nd Street, Bloomington

An hour-long play/talent show that is a dream about what it takes to live life to the fullest. Suggested donation \$5/person, \$15/household.

Sponsored by Adaptive Recreation and Learning Exchange, serving people with disabilities in Bloomington, Eden Prairie, Edina and Richfield. Questions? Learning Exchange at 952-681-6109

LEAP—Learning Exchange Advisory Partners

We are always seeking new members to provide valuable information and feedback and help us develop new programs and partnerships to benefit the interests of adults with disabilities. We meet three times per year. Interested or questions? Contact Gina at 952-681-6122. Current members:

Allison F - participant

Barb L - participant

Gayle R - parent

Amy P - LE instructor/ISD 271 Transition

Michelle V - LE instructor/TRAIL Board/parent

Yvonne F - ISD 271 Transition

Dave C - parent

Gail D - parent

**NEW Site! Register on-line with a credit card or link to your checking account:
br.thatscommunityed.com Or mail in this form with payment to:
ISD #271/Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431
Note: Checks MUST be made payable to ISD 271 or they will be returned. Thanks!**

Learning Exchange Registration Form

Participant Name		Home Phone	E-mail		Age
Address		Apt. #	City	Zip Code	Birth Date
Allergies/Medical Concerns					
Parent/Guardian		Home Phone	Cell/Work Phone	E-mail	
Emergency Contact		Phone/s		Relationship	

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City or School District shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City or School District, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City or School District, its agents or employees from any such claims, injuries, or damages.

NO PHOTOS OR VIDEO: Please check box if you do NOT wish your image to be used for publicity purposes.

_____ Date _____
Participant or Parent/Guardian Signature

TRAIL Riders please check TRAIL Box			Class ID	Cost	TRAIL		
<u>Class ID</u>	<u>Cost</u>	<u>TRAIL</u>	<u>Cooking Classes</u>				
Personal Leisure & Healthy Lifestyles			LE44S-A	Tacos & Tunes Picnic, June 6 <input type="checkbox"/> \$15	<input type="checkbox"/>		
LE38S	Smart Shopper Grocery Tips, Apr 30	<input type="checkbox"/> \$8	<input type="checkbox"/>	LE44S-B	Additional Staff Dinner	<input type="checkbox"/> \$8	
LE36S	Friendship Skills, Bingo, Trivia & Conversation, Apr 22.	<input type="checkbox"/> \$10	<input type="checkbox"/>	Cooking Corner - NEW TIME 7-8:30 pm!			
LE16S	Shooting Pool, May 6	<input type="checkbox"/> \$8	<input type="checkbox"/>	Note: TRAIL is <u>only</u> available on Thursdays, <u>not</u> on Mondays.			
LE11S	Chair Yoga and Relaxation			An "Egg-Strada-nory" Dish			
	Apr 18, May 9, May 30	<input type="checkbox"/> \$14		LE42S-A	Thurs, Apr 11	<input type="checkbox"/> \$14	<input type="checkbox"/>
Arts & Crafts			LE42S-B	Mon, Apr 15	<input type="checkbox"/> \$14	<input type="checkbox"/>	
LE39S	NEW! Clay and Art Creations! April 1 & April 8	<input type="checkbox"/> \$20	<input type="checkbox"/>	LE42S-C	Thurs, Apr 25	<input type="checkbox"/> \$14	<input type="checkbox"/>
Crafts with Michelle			Barbeque Bonanza				
Mini Spring Bouquet			LE43S-A	Thurs, May 16	<input type="checkbox"/> \$14	<input type="checkbox"/>	
LE40S-A	Option 1: Fraser Sheridan Court, May 7	<input type="checkbox"/> \$12	<input type="checkbox"/>	LE43S-B	Mon, May 20	<input type="checkbox"/> \$14	<input type="checkbox"/>
LE40S-B	Option 2: Fraser Lyndale Court, May 13	<input type="checkbox"/> \$12	<input type="checkbox"/>	LE43S-C	Thurs, May 23	<input type="checkbox"/> \$14	<input type="checkbox"/>
LE41S	Exquisite Jewelry Frame, May 28	<input type="checkbox"/> \$12	<input type="checkbox"/>	Mail complete form to:			
Classes continued on next column....			ISD #271/Learning Exchange 2575 W 88th Street Bloomington, MN 55431				

Checks MUST be made payable to ISD 271 or they will be returned.

TOTAL FEE(S) PAID: \$ _____ Check/Money Order Payable to: **ISD 271**

Credit Card: Visa MasterCard Discover

Number _____ Exp. Date _____

By signing above, I authorize my Credit Card to be charged _____ Date _____

PRIVATE MUSIC THERAPY SESSIONS OR ADAPTIVE LESSONS - ALL AGES

MacPhail Center for Music - Private Music Therapy Sessions or Adaptive Lessons

When participating in private music therapy sessions, students are first assessed and a program plan is then implemented to meet individual needs and strengths. Assessments, conducted by a board-certified music therapist, are approximately one hour long and are part of the music therapy intake process. Ongoing documentation of progress and consultation with care providers occur in order to maintain a high quality music therapy experience.

Cost: \$72 for 1 hour
\$54 for 45 minutes
\$36 for 30 minutes

Financial Aid may be available for individuals/families who meet the guidelines.



To learn more about MacPhail Center for Music programs and services, visit our website at: <http://www.macphail.org/>

Contact Marian Santucci, MacPhail Music Therapy Manager at 612-767-5596 or santucci.marian@macphail.org for more information about music therapy services, financial aid, or to set up a placement interview.

VOLUNTEER OPPORTUNITIES!



TRAIL is looking for volunteers to serve on its Board of Directors. The Board meets four to five times a year.

No previous board experience is necessary. We need volunteers with background in such areas as:

- Parent or family member of individual with developmental disabilities
- Organization or agency service provider
- Attorney with nonprofit experience
- Accounting
- Strategic Planning
- Marketing
- Fundraising

To find out more, call Michelle Veith at 952-828-0983 or go to www.ridetrail.org

TRAIL (Transportation Resource to Aid Independent Living, Inc.) has been providing transportation services to AR&LE programs for developmentally disabled adults living independently for over twenty years. TRAIL is a Minnesota 501(c)(3) nonprofit.

SPECIAL GOOD HAPPENINGS EVENT!

Dinner & Magic Show

Friday, April 12, 2013

6:30 - 8:15 pm

Richfield Community Center
7000 Nicollet Avenue South

Spend a Friday night out with friends for a dinner and a show! Enjoy a delicious meal followed by a magic show you won't soon forget!

Register by April 8th using the form on page 19.

Cost: \$22

Staff cost for meal: \$8



Eden Prairie Registration Form

Participant Name		Home Phone	E-mail	Age	
Address/City			Apt. #	Zip Code	
Birth Date					
Special Information:					
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.					
Parent/Guardian		Home Phone	Work Phone	E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
Code 35811 Adaptive Ice Skating--- <input type="checkbox"/> \$64 35806 Walking Club,----- <input type="checkbox"/> \$32 Swim, Gym & More ---- 35808 Wed, Apr 2 ----- <input type="checkbox"/> \$28 35809 Thurs, Apr 3 ----- <input type="checkbox"/> \$28 35810 Fri, Apr 4----- <input type="checkbox"/> \$28 35873 Sports Sampler ----- <input type="checkbox"/> \$70 35813 In/Out & About----- <input type="checkbox"/> \$115 35820 Everyone Can Dance--- <input type="checkbox"/> \$40		Code 35850 Fun with Technology ---- <input type="checkbox"/> \$75 35855 Music Insights am ----- <input type="checkbox"/> \$58 35857 Music Insights pm ----- <input type="checkbox"/> \$58 35874 Art Through Ages ----- <input type="checkbox"/> \$90 35821 All in One Art ----- <input type="checkbox"/> \$90 35872 Creative Mod-Squad ---- <input type="checkbox"/> \$130 35871 Be a Star ----- <input type="checkbox"/> \$130 35804 Young Athletes, Mar-Apr--- <input type="checkbox"/> \$38 35807 Young Athletes, May-Jun--- <input type="checkbox"/> \$38		Adaptive Teen Camps: 35822 June 24-28 ----- <input type="checkbox"/> \$42 35823 July 8-12----- <input type="checkbox"/> \$42 35824 July 15-19 ----- <input type="checkbox"/> \$42 35825 July 29-Aug 2--- <input type="checkbox"/> \$85 Lunch & Transportation: 35814 June 24-28 ----- <input type="checkbox"/> \$15 35815 July 8-12----- <input type="checkbox"/> \$15 35816 July 29-Aug 2--- <input type="checkbox"/> \$30	35826 Aug 5-9 ----- <input type="checkbox"/> \$42 35827 Aug 12-16 ----- <input type="checkbox"/> \$42 35828 Aug 19-23 ----- <input type="checkbox"/> \$42 35817 Aug 5-9 ----- <input type="checkbox"/> \$15 35818 Aug 12-16 ----- <input type="checkbox"/> \$15 35819 Aug 19-23 ----- <input type="checkbox"/> \$15
Registration begins on Tuesday, March 12					
Saturday Night Out 34137 Make & Take Magic Duck Tape Wallet ----- <input type="checkbox"/> \$20 35876 SNO Back to School Party----- <input type="checkbox"/> \$15					
Mail completed form and check, payable to the City of Eden Prairie to: Eden Prairie Community Center, 16700 Valley View Road, Eden Prairie, MN 55346					
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____			Exp. Date _____		

Edina Registration Form

Participant Name		Home Phone	Cell Phone	E-mail	Age
Address/City			Apt. #	Zip Code	Birth Date
Special Information: Will PCA or Staff Attend with participant? <input type="checkbox"/> Yes <input type="checkbox"/> No			Dietary needs/allergies:		
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.					
Parent/Guardian		Home Phone	Cell Phone	E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
Adaptive Sports Sampler ----- <input type="checkbox"/> \$65 Friday Night Creations ----- <input type="checkbox"/> \$65 Super Sundays Minnesota Special Olympics Spring Games, Mar 24----- <input type="checkbox"/> \$15 Pinstripes, April 14 ----- <input type="checkbox"/> \$32 AR&LE Performers Spring Concert, May 5 ----- <input type="checkbox"/> \$5 Minneapolis Sculpture Garden, June 2----- <input type="checkbox"/> \$20		Larry Wilson Adaptive Golf ----- <input type="checkbox"/> \$66 Larry Wilson Adaptive League/Lessons ----- <input type="checkbox"/> \$85 <input type="checkbox"/> TRAIL Adaptive Water Aerobics I - June 5-26----- <input type="checkbox"/> \$40 <input type="checkbox"/> TRAIL Adaptive Water Aerobics II - August 7-28 ----- <input type="checkbox"/> \$40 <input type="checkbox"/> TRAIL Theatrical Performance Camp----- <input type="checkbox"/> \$160			
Mail completed form and checks payable to the City of Edina to: Edina Parks and Recreation. 4801 W 50th Street. Edina MN 55424					
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____			Exp. Date _____		



AR&LE Adaptive Adult & Youth Softball



Adaptive Youth Softball: Ages 10-18

Mondays ▪ June 17 to August 12 ▪ 6:30 - 8:30 pm

- Co-Rec program where players learn basic rules & good sportsmanship through fun, creative drills and games.
- First part of each night will focus on skill building.
- Games will begin the second or third week.
- Coaches will lead players through activities that promote having fun, learning the rules and good sportsmanship.
- Cost \$59 - register by May 31, 2013



Adaptive Recreational Softball: Ages 19+

Tuesdays ▪ June 18 to August 13 ▪ 6:30 - 8:30 pm

- Co-Rec program designed for players with **or** without softball experience. (non-competitive)
- Review and develop softball skills.
- Coaches will encourage all players to have fun, further develop skills and a better understanding of the rules and positions, and promote good sportsmanship.
- Cost \$59 - register by May 31, 2013



Adaptive Competitive Softball: Ages 19+

Tuesdays ▪ June 18 to August 13 ▪ 6:30 - 8:30 pm

- Co-Rec program designed for players with softball experience and who want to play competitively.
- Review and develop softball skills.
- Teams will be developed after player skill evaluations are completed the first night.
- Coaches will develop teams based on their assessment of the players abilities and balancing the teams so the games will be fun for everyone.
- Cost \$59 - register by May 31, 2013



Season Highlights:

- All programs are held at Tarnhill Park, 9650 Little Road, Bloomington
- T-shirts
- Team Pictures
- End of season celebration with a game under the lights! (Program times and location may be altered for this event. Healthy snack and special drink may be provided.)
- Highlights are tentative and subject to change at any time.

Registration forms available online at www.ci.bloomington.mn.us ("ARLE Softball") or contact City of Bloomington Parks and Recreation at 952-563-8877.



TRAIL transportation is available for adult competitive and non-competitive softball and requires a minimum of five riders. To find out more about TRAIL, see page 3 or go to www.ridetrail.org.



The Adaptive Recreation & Learning Exchange
 1800 W. Old Shakopee Road
 Bloomington MN 55431-3096

You are invited to:



AR&LE'S got Talent

Sunday May 5th 3:00PM
Olson Middle School Auditorium
4551 West 102nd Street, Bloomington

A TV REALITY CHECK

*An hour-long play/talent show that is a dream
 about what it takes to live life to the fullest.*



Suggested donation \$5/person \$15/household.



Sponsored by Adaptive Recreation and Learning Exchange, serving people with disabilities in Bloomington, Eden Prairie, Edina and Richfield. Questions? Call Learning Exchange at 952-681-6109

This activity is funded, in part, by the Minnesota Arts and Cultural Heritage Fund as appropriated by the Minnesota State Legislature with money from the vote of the people of Minnesota on November 4, 2008



Watch for the AR&LE Fall 2013 Catalog the week of July 22nd