

REPORT / RECOMMENDATION



To: HRRC

Agenda Item #: VI. F.

From: Lisa Schaefer
HRRC Staff Liaison

Action
Discussion
Information

Date: 01-22-2013

Subject: YWCA of Minneapolis Racial Justice Workshops

Action Requested:
None.

Information / Background:
Commissioner Bigbee will share this information with the Commission.

Attachment:

YWCA Course information

The YWCA and Westminster have been neighbors and partners since the turn of the century. We share a passion for public dialogue with the Westminster Town Hall Forum, and we are delighted to be able to support the presentation of Donna Brazile. In supporting the mission of the YWCA, we hope you share our passion for public dialogue, and invite you to participate in a YWCA forum in the future.

**YWCA of Minneapolis Racial Justice Workshops, Events and Forums
Winter/Spring 2013** All Events are held at the YWCA of Minneapolis Downtown location.

Intersections of Racial Justice and Politics Conversation

Date: January 22, 2013 **Time:** 6:30 - 8:00 pm

Race and culture were big talking points during the 2012 Elections in Minnesota and across the country. This conversation will help you look at politics through the racial justice lens. We will have conversations about whether race really plays a role in politics, how race may shape our future political culture, and what lessons can be learned from the 2012 Elections. We also invite your deep questions about the intersections of racial justice and politics!

Racial Justice Facilitator Training

Date: February 9, 2013 **Time:** 9:00 am - 1:00 pm

Leading the conversation about race and racism in our community is difficult. Our facilitator program gives you the tools and opportunities you need to stand for racial justice. Using the ancient indigenous tradition of Circle dialogue, facilitators are trained to navigate through what are often challenging and emotional conversations. Upon completing the required 2-part training, facilitators can facilitate at YWCA workshops, community conversations, and our annual *It's Time to Talk: Forums on Race* event.

Unlearning Racism Workshop

Date: February 12, 2013 **Time:** 9:00 am - 1:00 pm

What does racism mean to you? Do you have more questions than answers? Whether you've been a target of racism, have seen it happen, or feel that you could do more about racism in your daily life, this intensive workshop will facilitate dialogue that helps you examine the presence of racism in your various environments.

The purpose of the Unlearning Racism workshop is to promote understanding and healing through sharing of personal stories and experiences. We believe that talk leads to action, and that in an environment where honest dialogue occurs, participants can explore personal responsibility and how it can impact institutional change.

This workshop will help you build active listening skills, as well as help you strengthen relationships and connections. At the Unlearning Racism workshop, you can delve deeper into the issues of racism with the goal of making a commitment to change on a personal level, as well as being an ally and advocate for racial justice.

Racial Justice & Media: When Intent Affects the Impact

Date: March 7, 2013 **Time:** 6:30 - 8:30 pm

Have you ever seen something in media that you feel in your gut is racist or sexist? This workshop is designed for those who have an understanding of different "isms," and want to acquire tools for dealing with "ism" in the media (new media, social media, print media and ad campaigns). Whether you want to talk with co-workers, media outlets or your family and friends, this workshop will use current and past media examples of "isms," and talk through skills that can be easily applied and taught to others to create more inclusive media environments in our lives.

Confronting Racism: Knowledge --> Skills --> Action

Date: April 23, 2013 **Time:** 1:00 - 3:00 pm

We've all been there:

- Someone tells a racist joke, and no matter how hard you try, you can't seem respond appropriately.
- You are committed to eliminating racism, but would like more skills to help you respond to people in different settings.

If this sounds familiar, we invite you to take part in our Confronting Racism workshop.

This workshop is designed for those who have an understanding of white privilege and racism, and want to acquire skills in dealing with racism as it occurs in their personal lives. The workshop will develop the participants' active listening skills, as well as help them practice skills to respond to overt racism (i.e. racist remarks), and covert racism (privilege, microaggressions, etc). The skills learned in this workshop can be easily applied and taught to others to create more inclusive environments in our lives, and to continue the work of eliminating racism.

YWCA of Minneapolis Downtown
1130 Nicollet Mall, Minneapolis, MN 55403

www.ywcampls.org

The Power to Soar™

eliminating racism
empowering women **ywca**
MINNEAPOLIS

January

Intersections of Racial Justice and Politics Conversation

January 22, 2013

6:30-8:00 pm

YWCA of Minneapolis Downtown

Race and culture were big talking points during the 2012 elections in Minnesota and across the country. This conversation will help you look at politics through the racial justice lens. We will have conversations about whether race really plays a role in politics, how race may shape our future political culture, and what lessons can be learned from the 2012 elections. We also invite your deep questions about the intersections of racial justice and politics!

Free and open to the public

RSVP before January 15, 2013 to [Alicia Frosch](mailto:Alicia.Frosch@ywca.org) or by calling 612-215-4124

February

Racial Justice Facilitator Training: Level 1 Training

February 9, 2013

9:00 am-1:00 pm

YWCA of Minneapolis Downtown

Leading the conversation about race and racism in our community is difficult. Our facilitator program gives you the tools and opportunities you need to stand for racial justice. Using the ancient indigenous tradition of Circle dialogue, facilitators are trained to navigate through what are often challenging and emotional conversations. Upon completing the required two-part training, facilitators can facilitate at YWCA workshops, community conversations, and our annual *It's Time to Talk: Forums on Race* event.

For more information, contact [Sara Jensen](mailto:Sara.Jensen@ywca.org) or call 612-215-4133.

Unlearning Racism Workshop

February 12, 2013

9:00 am-1:00 pm

YWCA of Minneapolis Downtown

What does racism mean to you? Do you have more questions than answers? Whether you've been a target of racism, have seen it happen, or feel that you could do more about racism in your daily life, this intensive workshop will facilitate dialogue that helps you examine the presence of racism in your various environments.

The purpose of the Unlearning Racism workshop is to promote understanding and healing through sharing of personal stories and experiences. We believe that talk leads to action, and that in an environment where honest dialogue occurs, participants can explore personal responsibility and how it can impact institutional change.

This workshop will help you build active listening skills, as well as help you strengthen relationships and connections. At the Unlearning Racism workshop, you can delve deeper into the issues of racism with the goal of making a commitment to change on a personal level, as well as being an ally and advocate for racial justice.

Open to the public; \$25 for YWCA members; \$50 for nonmembers

RSVP before February 5, 2013, to [Alicia Frosch](#) or by calling 612-215-4124

Facilitator Open House and Celebration

Thursday February 21, 2013

6:00-8:30 pm

YWCA of Minneapolis Downtown

Now that we have all rested and had time to reflect on It's Time to Talk 2012, it is time to celebrate! Drop in anytime from 6:00-8:30 pm and chat with other facilitators, compare notes on successes and areas for improvement, make your own talking stick, meet new Facilitator Coordinator Sara Jensen, and just have fun.

RSVP before February 15, 2013, to [Sara Jensen](#) or by calling 612-215-4133

March

Racial Justice & Media: When Intent Affects the Impact

March 7, 2013

6:30-8:30 pm

YWCA of Minneapolis Downtown

Have you ever seen something in media that you feel in your gut is racist or sexist? This workshop is designed for those who have an understanding of different "-isms," and want to acquire tools for dealing with "-ism" in the media (new media, social media, print media and ad campaigns). Whether you want to talk with co-workers, media outlets or your family and friends, this workshop will use current and past media examples of "-isms," and talk through skills that can be easily applied and taught to others to create more inclusive media environments in our lives.

Free and open to the public

RSVP before March 1, 2013, to [Alicia Frosch](#) or 612-215-4124

Intent vs. Impact: Facilitator Level 2 Training

Tuesday, March 26, 2013

6:30-8:30 pm

YWCA of Minneapolis Midtown

"So, where are you from?"

"What are you doing for Christmas?"

Sometimes, words that are intended to start a conversation or get to know someone can have a very different impact. In this

training, you will learn about micro-aggressions that occur every day, often without bad intent, but with negative impact on others. The words we use, our tone of voice, our body language and even the images we use in advertisements combine to tell a story we may not be intending.

Prerequisite: Must complete Facilitator Level 1 Training

RSVP before March 19, 2013, to [Sara Jensen](#) or by calling 612-215-4133

April

Confronting Racism: Knowledge --> Skills --> Action

April 23, 2013

1:00-3:00 pm

YWCA of Minneapolis Downtown

We've all been there:

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If this sounds familiar, we invite you to take part in our Confronting Racism workshop.

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Open to the public; \$25 for YWCA Members; \$50 for nonmembers

RSVP before April 17, 2013, to [Alicia Frosch](#) or by calling 612-215-4124