



BPH

Bloomington Public Health Quarterly Report ■

For the City of Edina

January – March 2010

BPH

BPH Quarterly Activities in Edina ■

The work of Public Health is defined by six areas of responsibility. This report utilizes the areas of public health responsibility to organize details of activities conducted in Edina. Activities in the following areas are described in this report:

- Assure an adequate public health infrastructure
- Promote healthy communities and healthy behaviors
- Assure the quality and accessibility to health services
- Prepare for and respond to disasters and assist communities in recovery
- Prevent the spread of infectious diseases

A special section highlighting the activities of SHIP (Statewide Health Improvement Program) has been added under “Promote healthy communities and healthy behaviors.”

■ ASSURE AN ADEQUATE PUBLIC HEALTH INFRASTRUCTURE

- **Presented to the Edina City Council on January 19.** The Council approved the 2010 contracts: Local Public Health, Public Health Emergency Preparedness, Cities Readiness Initiative and the Public Health Emergency Response (to H1N1) contracts.

■ PROMOTE HEALTHY COMMUNITIES AND HEALTHY BEHAVIORS

- **Addressed the following topics at monthly Senior Clinics:**

January	Winter Weather Safety – Preventing falls and hypothermia
February	Depression – Depression is not a normal part of aging and seeking help
March	The US Census – Its value to seniors and fun census facts
- **Created a tool for use with seniors needing help with excess clutter in their homes.** The tool resulted from a workshop on hoarding given by Bloomington Environmental Health. It gives specific steps for people to begin removing excess clutter. PHN’s have started using the tool and found clients appreciated the practical suggestions it offers.

- **Gave presentations on healthy decision making, contraception, and sexually transmitted infections to high school students in all 3 cities.**
- **Gave child passenger safety seat education presentations and installations for over thirty clients.**

SHIP (STATEWIDE HEALTH IMPROVEMENT PROGRAM)

- **Trained 25 childcare and preschool teachers to implement a program to help children eat more fruits and vegetables.** The LANA (Learning About Nutrition Through Activities) program provided tools and resources to introduce new fruits and vegetables to children in fun and enticing ways. This helps children learn to eat fruits and vegetables at an early age – something important to preventing health problems later in life. Teachers also spent time examining best practices in nutrition and developing an action plan to implement LANA activities.
- **Made follow-up visits and provided assistance to 21 of 23 facilities/programs that received LANA training in October 2009.** These facilities/programs developed final action plans to adopt best practices in nutrition.
- **Collected data and price quotes to plan for purchasing new bike racks.** Partnered with city staff and school officials to collect the data about bicycle rack locations and future needs in each city.
- **Planned Energize at Work Initiative.** Energize at Work is a SHIP initiative to increase physical activity in the work setting. A physical activity assessment of the worksite will be conducted and assistance in creating and implementing action plans that promote physical activity for employees will be provided. Met with two worksites that have committed to the physical activity assessment.
- **Engaged in planning and provided resources for the Highlands Elementary Bike Rodeo.**
- **Assessed location and condition of tobacco free park signs, and collaborated with Parks and Recreation to prioritize signage needs.** These signs serve as a reminder to all park users that tobacco use is prohibited.
- **Succeeded with efforts to amended City Code 1230.07 to allow a Farmers Market on City property.** The City of Edina will open its first farmers market, the Centennial Lakes Farmers Market, this summer. The market will run Thursdays from July 1 - September 30 at 3:00-7:00 p.m.
- **Met one-on-one with 18 key school personnel to introduce SHIP, gather perspectives and gain support.**
- **Participated in and provided information for the Normandale Wellness Council meeting.** Developed an agenda, PowerPoint presentation, factsheet of recess before lunch information and handouts. Provided health assessment and SHIP information.

■ ASSURE THE QUALITY AND ACCESSIBILITY TO HEALTH SERVICES

- **Joined the South Lake Pediatrics Clinic Team, by invitation, for the Minnesota Community Partnership Collaborative.** The aim of the collaborative is to improve systems of care for children birth through 8 years of age who have, or who are at risk for, autism and other developmental disabilities. This will be accomplished through improved collaboration and coordination of screening, evaluation, service referrals and resources at the community level. Training and support for this initiative comes from the Minnesota Department of Health and is related to the Medical Home Project.
- **Adopted a new name for the statewide early childhood intervention system service known as SHIELD.** The Minnesota Department of Education created the new name, Help Me Grow, to be used statewide. We will use the name “Help Me Grow, South Hennepin” in our area. A new email address has been created as another way to help parents connect with services: helpmegrow@ci.bloomington.mn.us.
- **Followed-up on 11 new senior and vulnerable adult referrals.** Referrals were for mental illness (5), dysfunctional relationships (3), falls (2) and dementia (1). Public Health Nurses (PHNs) conducted in-home assessments and arranged resources to help clients live safely and independently in their homes.

In one case, an elderly man needed help getting his condominium organized and cleaned after several falls following a stroke. Police made a referral to Public Health because of the falls and noted his cluttered living conditions. Consequently, the PHN coordinated services with Edina Environmental Health and Adult Protection for the elderly man. The man was receptive to the simple steps he received to gradually get his condo cleaned up. The PHN continues to help him line up resources and sort through the process of an eventual move.

■ PREPARE FOR AND RESPOND TO DISASTERS AND ASSIST COMMUNITIES IN RECOVERY

- Continued to conduct large H1N1 clinics in Bloomington, Edina and Richfield (see numbers on last page).
- Conducted H1N1 staff debrief with BPH staff.
- Attended the Fifth Annual Public Health Preparedness Summit in Atlanta.
- Completed and pilot tested a draft, faith-based, emergency preparedness toolkit with 13 faith-based organizations metro-wide.



BPH Quarterly Numbers Report for Edina ■

2010 PROGRAMS AND SERVICES

These numbers are a count of people served each quarter. Some people receive the same service and are counted in more than one quarter.

■ HEALTH PROMOTION

Community health presentations	<i># of adults</i>	117			
School educational presentations					
Sexual decision-making presentations	<i># of students</i>	495			
SHIP presentations	<i># of attendees</i>	25			

■ ADULT AND SENIOR SERVICES

Senior health receives referrals from police, senior outreach, social services, environmental health and other community agencies for vulnerable adults and falls.

Individual clients served	<i># of clients</i>	12			
Public Health Nurse visits	<i># of individual nursing visits</i>	10			
Service coordination	<i># of calls and case conferences</i>	25			
Senior hearing screening	<i># of participants</i>	16			
Senior Community Public Health Nurse Clinics	<i># of clients</i>	75			
	<i># of consultations</i>	118			
Health education presentations	<i># of participants</i>	NA			

■ FAMILY HEALTH SERVICES

Maternal and Child Health PHN home-visiting					
	<i># of families</i>	28			
	<i># of clients</i>	50			
	<i># of visits</i>	126			
Car seats	<i># referrals</i>	NA			
SHIELD	<i># of children</i>	15			
Police reports reviewed for follow-up	<i># of families</i>	16			
South Vista	<i># of pregnant and/or parenting adolescents</i>	1			
Follow Along clients	<i># of children enrolled</i>	29			
Child-care consultations	<i># of centers / # of visits made</i>	3/9			
High-risk birth certificate referrals follow-up	<i># of babies</i>	32			

	Q1	Q2	Q3	Q4
Community health presentations	117			
School educational presentations				
Sexual decision-making presentations	495			
SHIP presentations	25			
Individual clients served	12			
Public Health Nurse visits	10			
Service coordination	25			
Senior hearing screening	16			
Senior Community Public Health Nurse Clinics	75			
	118			
Health education presentations	NA			
Maternal and Child Health PHN home-visiting				
	28			
	50			
	126			
Car seats	NA			
SHIELD	15			
Police reports reviewed for follow-up	16			
South Vista	1			
Follow Along clients	29			
Child-care consultations	3/9			
High-risk birth certificate referrals follow-up	32			

■ **CLINIC SERVICES**

Women, Infants and Children (WIC) *# of clients(unduplicated)*

Health Risk Assessment Clinic *# of clients*

Sage Screening Program *# of clients*

SagePlus Cardiovascular Screening *# of clients*

Immunization Clinic *# of adult clients*
of immunizations

Immunization Clinic *# of children*
of immunizations

Flu shots - seasonal *# of clients*

Flu shots - H1N1 *# of immunizations*

Head Start early childhood screenings *# of children screened*

Intake calls & drop-in visits *# of contacts*

Perinatal Hepatitis B *# of clients*

Reportable disease follow-up / consultations *# of contacts*

	Q1	Q2	Q3	Q4
Women, Infants and Children (WIC) <i># of clients(unduplicated)</i>	204			
Health Risk Assessment Clinic <i># of clients</i>	6			
Sage Screening Program <i># of clients</i>	6			
SagePlus Cardiovascular Screening <i># of clients</i>	2			
Immunization Clinic <i># of adult clients</i>	1			
<i># of immunizations</i>	1			
Immunization Clinic <i># of children</i>	1			
<i># of immunizations</i>	2			
Flu shots - seasonal <i># of clients</i>	13			
Flu shots - H1N1 <i># of immunizations</i>	233			
Head Start early childhood screenings <i># of children screened</i>	NA			
Intake calls & drop-in visits <i># of contacts</i>	25			
Perinatal Hepatitis B <i># of clients</i>	1			
Reportable disease follow-up / consultations <i># of contacts</i>	12			